



MENU' BEAUTY



CLASSIC MASSAGES

Partial Leg or Back Recovery Massage 25' €65

A targeted treatment for tired, sore, and heavy legs or back—ideal after intense physical activity or periods of muscular fatigue. It promotes relaxation, improves circulation, and helps reduce lactic acid buildup, relieving tension and stiffness. The massage uses firm yet gentle techniques designed to ease muscle fatigue and support fast physical recovery.

Flat Belly Massage 50' €100

A shaping abdominal massage that helps drain excess fluids. It eases stress and anxiety, reduces lower back discomfort, and supports better breathing. Visible results may be noticed even after the first session.

Sports Massage 50' €100

A technical treatment designed for anyone who engages in physical activity, whether amateur or professional. It works deeply on the muscles with energetic, targeted techniques—ideal before training to prepare the body or afterwards to support recovery. It helps reduce the risk of injury, improves performance, and releases tightness and muscle tension. Essential for keeping muscles flexible, responsive, and healthy.

Relaxing Massage 50' €90

A gentle, enveloping treatment dedicated to full-body and mind wellness. Soft, flowing movements help release muscle tension, reduce stress, and promote a deep state of relaxation. Perfect for restoring balance, calm, and energy after busy days or stressful moments. A regenerating experience that nurtures both body and spirit.

Draining Massage 50' €100

A specific treatment that stimulates the lymphatic system to eliminate excess fluids and toxins. Gentle, rhythmic movements encourage the drainage of stagnation, helping reduce swelling and heaviness. Ideal for lighter legs, firmer skin, and a natural detox effect. Perfect as part of wellness and body-shaping programs.

Vodder Lymphatic Drainage Massage 50' €110

A gentle manual technique that stimulates the lymphatic system to promote the removal of excess fluids and toxins. It is characterized by rhythmic, circular, and light-pressure movements, and is used to help with swelling, edema, cellulite, and circulatory concerns.

Face & Scalp Massage 30' €60

A delicate treatment that deeply relaxes the face and scalp, offering an immediate sense of wellbeing and lightness. The techniques stimulate circulation, help reduce tension, and promote a natural lifting effect. Ideal for relieving stress, improving skin elasticity, and supporting hair health. A moment of dedicated care for the face, neck, and hair.

ZEN MESSAGES

Hot Stone Massage 50' €110

An emotional, deeply soothing massage performed with warm basalt stones that melt away muscular tension and ease stiffness through their therapeutic heat. It relaxes both body and mind, offering a wonderful sense of tranquility and wellbeing.

Aromatherapy Massage with Essential Oils 50' €100

A holistic treatment that combines essential oils and massage to harmonize body, mind, and spirit. The aromas work on the nervous system and the Chakras, helping rebalance energy and promoting emotional and physical wellbeing. The seven main Chakras involved represent grounding, pleasure, personal power, love, communication, intuition, and enlightenment.

New! Kobido & Gua Sha Face Massage 50' €150

A traditional Japanese treatment that blends deep manual massage techniques (Kobido) with the use of the Gua Sha stone to stimulate circulation and lymphatic drainage. It promotes a natural lifting effect, reduces muscular tension, and enhances skin elasticity. Ideal for increasing radiance, softening signs of aging, and achieving a fresh, revitalized complexion. A beauty ritual that unites wellbeing with aesthetic effectiveness.

FACE & BODY TREATMENTS

Salt Scrub & Nourishing Massage 50' €100

Alpine Mud Wrap with Specific Cream 50' €110

Illuminating / Hydrating / Anti-Age Facial Treatment 40' €80

Manicure €50

Aesthetic or Therapeutic Pedicure €70

WAXING

Full Bikini €35

Full Leg €70

Arms €35

Underarms €15

Upper Lip €10

Eyebrows €10

Men's Chest €50

Men's Back €55